

## Surgical Patient Education

# Cervical Conization

### What is Cervical Conization ?

A Cervical Conization is a procedure in which a sample tissue from the cervix is removed and examined under a microscope to identify the cells.

Cervical Conization can be done to check for growths on the cervix, evaluate abnormal PAP tests or to evaluate any abnormalities identified during a pelvic exam.

The surgeon will use an instrument to examine the cervix and then use the instruments to take the sample.



### What are the Risks?

- **Infection** - There is always a risk of infection when introducing instruments, taking biopsies, and examining parts of the body with surgical tools.
- **Bleeding** - There is a risk of bleeding as with all surgical incisions/procedures. This is not common with cervical biopsies, but normal menstrual type bleeding after can be normal.
- **Damage to the cervix or other structures** - There are structure in the area of the surgical procedure but damage to these tend to be minimal.

# What happens during the procedure?

- This is usually an outpatient procedure which means you will go home the same day.
- You will arrive at the surgery center and go to Pre-Op. Then you will be checked in.
- You will then be taken to the operating room and placed on monitors. You will be watched closely and put to sleep.
- After you are asleep, the surgeon will use specialized tools to examine your cervix and take samples.
- There are no sutures. A maxi-pad will be placed.
- You will be woken up. When you are stable you will be able to go home. Usually within 1-2 hours.

## Before Surgery

- You may be asked to stop certain medications such as aspirin or ibuprofen, be sure to check with your surgeon's office and anesthesia to see what medications to stop.
- You will be asked not to eat or drink the night before surgery, it is important that you follow these instructions.
- You will be asked to shower the night before or morning of surgery.
- You will need someone to stay with you for 24 hours after surgery.

## After Surgery

- You will have a maxi-pad, you can expect some bleeding/discharge which can be light or similar to a period.
- If you go through more than 1 pad an hour please call the office.
- You can shower afterwards.
- You should not insert anything into the vagina for 5-7 days. No intercourse for 5-7 days.
- You can take Tylenol or Ibuprofen for pain afterwards. Slight cramping and discomfort can be normal.
- You are able to shower or take a bath.

# Recovery After Cervical Conization

## How long will I be out of work?

- You should prepare to be off work for one whole day. (If your procedure is in the afternoon you will likely need the next day as well.)
- You may continue spotting or menstrual-like bleeding for variable times after the procedure but this will not necessarily keep you from returning to work.
- Cramping/pain tends to be minimal after this surgery so typically does not interfere with returning to work.